

Integrative approach to hormone balance

I regularly see women who have serious symptoms of hormonal imbalance: moodiness, irregular and heavy periods, acne, weight gain or loss of libido and energy. For years it was very frustrating to have



Cheryl Perlis, M.D.

nothing to offer these women except birth control pills or hormone replacement therapy which did not work very effectively.

treat many of these hormonal imbalances at all stages of a woman's life from the teens to menopause. I now treat my patients "not their labs", by listening and eval-

My frustration and lack of options for my patients lead me to study and work with Erika Schwartz, M.D. a conventional doctor and leading expert in bio-identical hormone therapy. Dr. Schwartz uses natural or bio-identical hormones to regulate and

uating their symptoms and individualizing the type and amount of hormone needed.

If you would like to talk to me about your symptoms and what we can do to help you live and feel better, please call the Perlis Wellness Center at 847-295-5997. In addition for articles and updates on upcoming events, and specials subscribe to our monthly newsletter at perliswellnesscenter.com or

email us at perliswellness@yahoo.com. Perlis Wellness Center also provides aesthetic procedures to support women in their physical health from the inside out, including facial rejuvenation, Botox, dermal fillers, laser services and PureLipo, an alternative to traditional liposuction, with minimal downtime and no general anesthesia. Dr. Cheryl Perlis is the only physician in Illinois certified and qualified to perform PureLipo.



PERLIS WELLNESS CENTER

81 E. SCRANTON AVENUE

LAKE BLUFF, IL 60044

(847)295-5997

www.perliswellnesscenter.com